



Communications Office

# The City of Morgantown

Susan Sullivan, PCM  
389 Spruce Street, Room 16  
Morgantown, West Virginia 26505  
(304) 284-7426 Fax: (304) 284-7430  
ssullivan@cityofmorgantown.org

## Morgantown Best Walking City in West Virginia, 34th in the Country



The City of Morgantown received the distinction of the “Best Walking City” in the State of West Virginia and the 34th Best Walking City in the Country according to a just-released study by *Prevention* magazine and the American Podiatric Medical Association (APMA). *Prevention* and the APMA annually team up to measure the walkability of America’s cities as interest in walking for fitness remains strong. Walking is the most popular form of exercise with 87.5% of Americans walking for fitness.

More than 500 U.S. cities, including D.C., were evaluated and ranked on 14 walking criteria which included: the percentage of adults who walk to work; number of parks and green space per square mile; use of mass transit; and percentage of adults who walk for fitness; the number of destinations such as restaurants, stores, parks, theaters, within a walkable distance from the center of town; rails to trails programs; and cleanliness of the city.

### 10 Best U.S. Walking Cities of 2008

1. Cambridge, MA
2. New York, NY
3. Ann Arbor, MI
4. Chicago, IL
5. Washington, DC
6. San Francisco, CA
7. Honolulu, HI
8. Trenton, NJ
9. Boston, MA
10. Cincinnati, OH

### City Ranking in West Virginia for 2008

1. Morgantown
2. Charleston
3. Fairmont
4. Wheeling
5. Clarksburg
6. Parkersburg
7. Martinsburg
8. Huntington
9. Weirton
10. Beckley

34. Morgantown, WV

For a full list of Cities and their rankings, [Click Here](#), or [www.prevention.com/50bestcities](http://www.prevention.com/50bestcities) or pick up *Prevention's* April issue.