



THE CITY OF
MORGANTOWN
WEST VIRGINIA

Chair: Alexandria Svolos
Vice Chair: Jennie Smith-Peers
Secretary: Sabina Nduaguba
Treasurer: Susan Klingensmith

Health and Wellness Meeting Minutes

<https://us02web.zoom.us/j/85325599576?pwd=bnBiUU1kSngrS3EwRWl6UHpRUmtlUT09>

Meeting ID: 853 2559 9576

Passcode: 547609

March 9

7:00 pm

Present: Susan, Alexandria, Ixya, Jennie, Ronalie

1. **CALL TO ORDER:** 7:07pm
2. **APPROVE MINUTES:** Moved by Ixya and seconded by Susan
3. **REPORTS**
 - a. **CITY COUNCIL:**

Ixya asked the director of finance about HC funds
 - b. **BOPARC:**

Susan talked about the ice arena and some changes that came along

Mentions Eureka that is a new café that opened at the BOPARC office in Wiles Hill

Jennie mentioned that BOPARC has been working on more programs for our seniors
4. **FOLLOW-UP ITEMS**
 - a. Grants

AARP grant and SUD grant (opioid settlement) are potential grants currently being applied for

 - SUD is still in talks with the lawyers

Kim and Sabina are working on grants for mental health to get mental folks trainers trained

- Alex sent a letter as HWC Chair supporting this
- b. Communications with the attorney
 - Making sure that we are reminding the attorney that we want to be a part of the conversation once the opioid settlement comes up
- c. Community events
 - Warming shelter event update: it went really well
- d. Distribution of educational resources
 - All of us have different areas of expertise and we should share that information with folks but how?
 1. Maybe we can gather a master list of different services and resources
 2. We can partner with other healthcare providers
- e. Alexandria was given access to the Facebook event and we are thinking about changing some things so it's more fluid

5. **NEW BUSINESS**

- a. Revisions of mission and vision statement and bylaws
 - Discussion of things that can be added/edited in the by-laws
 1. Maybe a yearly check-in to make sure that we are focusing on things that are relevant and gives us time to re-establish our priorities and what the group is passionate about
 2. Adding the mission and the vision statement to our agenda so we can keep them in mind at every meeting
- b. Return to in-person meetings
 - Discussion about having the meeting in person once a quarter to meet each other and brainstorm the ideas
 - Agreement that we will start feeling that out and see what we can do
 - Thursdays at 7 PM continue to work the best for the group
- c. Protocol for adding new business to the agenda

- Agenda is due a week before the meeting and we need to know by the Friday before the meeting

d. Commission document repository

Jennie mentions that there is a chance for us to talk about litter clean up around the city in partnership the with main street

Next steps:

Let's come up with resources and a working list of these things

6. **PUBLIC COMMENTS:**

ADJOURMENT:

Moved by Alex no objections: 7:54 PM

