

AGENDA
HEALTH & WELLNESS COMMISSION
In-Person (Krepps Park Pavilion)
August 6, 2020
1:00 pm

PRESENT: Colleen Harshbarger, Kimberly Kelly, Geri Dino, Danielle Trumble, Hannah Keyser, Ray Glymph, Olivia Pape, Rachel Byrne
Absent: Jenny Selin

CALL TO ORDER

The meeting was called to order at 1:03 pm.

APPROVE MINUTES:

Minutes from July 16, 2020 were approved.

FOLLOW-UP ITEMS:

A. COVID follow up

1. Voting on contest
 - a. Thirteen total contest entries- sending pictures to the Mayor
 - b. Prizes- Masks, cookies, card for free-shake
2. Preparing for next contest
 - a. Social Fitnessing- winners will be randomly selected from the all entries
 - b. Winners- two for 17 and under and two for 18 and older
 - c. Post pictures by the 31st of August
 - d. Partnering with Visit Mountaineer Country (Convention & Visitors Bureau)

NEW BUSINESS:

- A. Visioning exercise/discussion (what we see for the future of the commission)
 - a. COVID-19, how do we mobilize faster on emergent health issues
 - b. Health and wellness in general, bringing health and wellness to the community where they are
 - c. More engagement with families (healthy habits with kids)
 - d. Different modalities to be more inclusive, what are the audiences that we are reaching and what is the message that we are communicating
 - e. Community gardens
- B. Group commonalities/interests (specific health/wellness related areas members are interested in)
 - a. Family Health and wellness, collaboration with City and local businesses
 - b. What are the things that are happening in the City that we can put our weight behind

- C. Subcommittee review/discussion
 - a. Events- Olivia, Danielle, and Kim
 - b. Website/Media- Ray, Colleen, Rachel, and Hannah
 - c. Grants- Kim, Geri, and Jenny

- D. Discussion on what “partnering” means to the Commission
 - a. Should be have a formal questionnaire/ on going minutes for the partners.
 - b. What are we asking from partners?
 - c. What does the partner need from our Commission (how do they fit into our vision and mission)?
 - d. Future ways that we can support each other (is it a one time partnership or lasting partnership)

- E. Try This WV Mini-Grant
 - a. The opportunity to start a social campaigns such as Active SouthernWV campaign was discussed
 - b. Try This has moved to target mental health and youth engagement
 - c. Kim will continue to look into opportunities for fundin through Try This WV

- F. Wrap up

UNFINISHED BUSINESS:

- A. Ray and Hannah will be posting the social media content for our new social media contest

NEW BUSINESS:

- B. WV Healthy People, Healthy Places WV application
 - 1. Kim moved to apply for this recognition and Hannah seconded
 - 2. Rachel will reach out to the City Manager to discuss the application

OLD BUSINESS:

ACTION ITEMS:

- A. Next meeting on September 3, 2020 at 7:00pm via Zoom.

ADJOURNMENT:

There being no further business, meeting adjourned by unanimous consent. Time: 3:12 pm.